



## ভট্টদেৱ বিশ্ববিদ্যালয়, বজালী BHATTADEV UNIVERSITY, BAJALI

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Website: [www.bhattadevuniversity.ac.in](http://www.bhattadevuniversity.ac.in)

### PRESS RELEASE

#### **Bhattadev University concludes five-days Yoga Workshop on International Yoga Day**

**Pathsala, 21<sup>st</sup> June:** Bhattadev University concluded its five-day yoga workshop, organized in commemoration of International Yoga Day 2025. The closing ceremony was formally inaugurated by Prof. Dhanapati Deka, Vice Chancellor of Bhattadev University, who emphasized the significance of yoga in fostering a balanced and healthy lifestyle in his speech. The invited resource person, Dr. Subodh Kumar Mishra Bhagwati, Assistant Professor, Department of Sanskrit, Kamrup College, Chamta, delivered an insightful speech on the theme “One Earth, One Health”. In his speech, Dr. Bhagwati underscored the interconnectedness of yogic spirituality, human health and world peace.

The intensive five-day yoga training program was expertly led by Shri Pranab Sharma, a popular and highly regarded fitness trainer from Pathsala. Shri Sharma guided the large number of participants from Bhattadev University fraternity with practical skills in various yoga asanas, breathing techniques, and meditation practices.



